

*montana*

hair | beauty | relaxation

welcome to montana

The George Washington Golf and Country Club is pleased to present Montana Hair and Beauty. We offer clients an extensive range of beauty and relaxation rituals from facials and body therapy to waxing and men's treatments.

Montana offers treatment rooms, plus a hair salon all in a modern, contemporary style. Our highly trained therapists ensure that all professional treatments offer excellent results for every client.

For those in need of a special treat, we've put together a range of day and residential packages to offer you a truly unique experience, including our signature Hot Stones treatment. Guests can benefit from the hotel's facilities including the leisure club with a swimming pool, sauna and Jacuzzi, or if you're looking for something more vigorous, the gymnasium.

Montana works with **[ comfort zone ]**, a leading Italian company in the development and production of skin care products and treatments.

**[ comfort zone ]** combines the best of science and nature by offering the most advanced formulations to ensure that every treatment experience is exceptional and unique. All **[ comfort zone ]** treatments begin with our signature tranquillity welcome ritual, to relax and soothe the senses.

In Montana we offer a range of monthly promotions, for our latest offers visit [www.georgewashington.co.uk](http://www.georgewashington.co.uk) and select the Hair and Beauty page.



## **[ comfort zone ] Face Treatments**

Each facial has been designed to give you instant results thanks to **[ comfort zone ]**'s synergy of nature and science. Offering experiences for relaxation and specific needs, you'll leave feeling completely refreshed and totally revitalised.

### **Rebalance**

**[ comfort zone ]**

#### **Hydrmemory - 60 mins £39.50**

This deeply hydrating 24hr facial restores hydra balance to the epidermis while contributing to prolong youthful skin

#### **Skin Resonance - 60 mins £39.50**

This decongesting and re-balancing facial re-balances equilibrium to skin that is prone to redness, couperous and fragile capillaries.

#### **Recover Touch - 60 mins £39.50**

This intense vitamin facial fights ageing environmental damage and repairs the tissue damage to restore moisture and nourishment.

### **Purify**

#### **Active Pureness Re-balancing - 60 mins £39.50**

A deep cleansing treatment for depleted and impure skins to render the skin fresh mattified and compact.

#### **Active Pureness Re-generating - 60-75 mins £49.50**

An intensive cleansing treatment with alpha hydroxy acids (AHA'S) for imbalanced and acne prone skins, which is deeply purifying and regenerating.

### **Renew and Nourish**

#### **Glorious Skin - 60-75 mins £49.50**

The cosmetic alternative solution for IMMEDIATE lifting and toning effect which also bestows a powerful anti-ageing action creating freshness and luminosity.

#### **Chrono-reverser - 50 mins £39.50**

A deep awakening of cellular re-juvenation to diminish the appearance of lines, wrinkles, pigmentation, acne and acne scarring.



### **Chrono-reverser Collagen - 60-75 mins £49.50**

An extraordinary anti ageing and plumping treatment resurfaces, revitalises and deeply hydrates the skin leaving your skin supple, re-textured and fine lines re-plumped with a moisturised illuminated glow.

### **Eye Supreme - 30 mins £25.00** (£15 when combined with a facial)

Anti-ageing eye zone treatment to restore moisture and nourishment to the delicate eye area.

### **Lip Blooming - 30 mins £25.00** (£15 when combined with a facial)

A complete lip care system to rejuvenate, smooth, nourish, hydrate and re-plump the lip area.

### **Radiant Touch - 30 mins £29.00**

A simple cleansing treatment with Comfort Zone facial mask, designed to suit your skin type.

## **[ comfort zone ] Body Treatments**

### **Tranquillity Ritual Experience - 1hr 30 mins £55.00**

To reach a tranquil state of mind and body we invite you to escape from your day and experience this relaxing combination...

A sensorial journey begins as you are gently enveloped in the aroma of essential oils. A Body exfoliation reveals a lustrous layer of glowing skin. A gentle body massage, tones and balances. A Tranquillity Facial follows-your face is cleansed, exfoliated and massaged and then an Aromatic mask is applied while your scalp is then massaged. This treatment leaves you calmed, soothed and utterly relaxed and hydrated.

### **Body Strategist Nutritional - 60 mins £45.00**

This fantastic anti-oxidant body wrap improves elasticity and tone (perfect for slimmers/mums to be/anti-ageing), intensely hydrating and deeply nourishing to every skin type. It begins with full body exfoliation to reveal fresh and glowing skin. The body is wrapped in a vitamin enriched body mask, and once the skin has absorbed all nutrients the mask is removed by aromatic hot towels. Finally finished with a light comfort touch massage with a rich body moisturiser.

### **Body Strategist Refining Cellulite - 60 mins £45.00**

An intense double action cellulite treatment resulting in reduction and elimination of adipose (fatty) deposits, and increased microcirculation due to the thermogenic (hot and cold) action for a more toned body contour. Best results achieved through a course of treatments.

### **Vital Leg - 60 mins £35.00**

Designed for legs suffering from fluid retention, tension and a sense of heaviness. Visibly reduces swelling, regains lightness and vitality and prolongs a wonderful fresh feeling due to the added ingredient of pressed mint juice.

### **D-age - 60 mins £45.00**

Using a synergy of active ingredients to firm and repair damaged skin. D-age also works to reduce the appearance of stretch marks and aids in the prevention of new ones.

### **Monticelli Mud Treatment - 60 mins £45.00**

This treatment is a semi mud wrap that can be performed on the back neck and shoulders or the legs feet and thighs its designed to tone skin and produces profound draining due to aid detoxification also dramatically reduces bone and muscle tension with its healing and restorative benefits.



## **Man Space**

### **Hydra Performance - 45-60 mins £39.50**

This rehydration treatment for men perfectly restores moisture levels as it holds and retains hydration in your skins layers, this treatment is ideal for frequent flyers - or skin that is exposed to extreme temperatures and environmental stress.

### **Pure Performance - 45-60 mins £39.50**

Removes impurities whilst re-balancing oily areas. This deep cleansing treatment leaves the skin with a perfectly matte finish.

### **Anti-age Performance - 45-60 mins £39.50**

Active treatment to contrast wrinkles and expression lines, stimulates cell renewal leaving the skin firm compact and toned. Uses a lightweight ultra effective serum to firm the skins surface.



## Montana Holistic Therapies

**Montana Hot Stones Signature Treatment - perfect for deep relaxation**  
**30 mins £30.00 / 60 mins £50.00**

This relaxing treatment uses intense massage through smooth basalt heated stones. Deep tissue tension is relieved and circulation stimulated due to a soothing massage technique. Perfect to ease tension and stress through the entire body.

### Comfort Touch Massage

Soothe both your mind and body with our specialised Holistic [ **comfort zone** ] Massage, personalised by our Holistic Therapist to ensure we meet your needs and leave you feeling soothed, relaxed and alleviating muscular tension.

Using specially pre-blended holistic water balancing massage oil designed to relax and rebalance energy levels whilst alleviating muscular tensions.

Full Body Massage **60 mins £32.00**  
 Back, Neck and Shoulder Massage **30 mins £18.00**  
 Indian Head Massage **30 mins £18.00**



## Hand and Feet Treatments

### Jessica

Le Remedi Hand Treatment	<b>20 mins £10.00</b>
Luxury Manicure	<b>45 mins £19.50</b>
LeRemedi Hand Treatment plus Prescriptive Manicure	<b>1hr 10 mins £26.50</b>
Deluxe Luxury Manicure with Thermal Mittens	<b>1hr 10 mins £22.50</b>
Luxury Pedicure	<b>60 mins £25.00</b>
Deluxe Luxury Pedicure with Heated Boots	<b>1hr 15mins £29.00</b>
Shape and Polish for French polish add £2.50	<b>15 mins £8.00</b>

*Jessica manicure and pedicure prices include the nail polish for clients to take home. Clients are advised to wear open toe sandals when visiting the salon for a pedicure.*

## Creative Nails

Nail Extensions	<b>£30.00</b>
In fills	<b>£18.00</b>
Rebalance	<b>£25.00</b>
Nail Repair	<b>per nail £2.50</b>
Overlays	<b>£32.00</b>
Removal and Jessica Manicure	<b>£25.00</b>
Removal and Nail Extensions	<b>£38.50</b>



## Waxing Treatments

Full Leg	£17.50
Full Leg and Bikini	£21.00
Half Leg	£12.50
Bikini	£9.00
Specialised Bikini	from £15.00
Underarm	£7.50
Forearm	£12.00
Upper Lip or Chin	£6.00
Upper Lip and Chin	£10.00
Eyebrow	£6.50
Chest	from £14.00
Back	from £16.00



## Spray Tanning

sun junkie spray tan has two grades of beautiful golden colour, for fairer skin types to medium skins we use a milder formulation and for medium to darker skins we have the extreme both shades give a beautiful, even and streak free tan. The spray tan is applied manually by a professional tanning therapist to ensure tanning perfection **only £15... RRP£25**



## Eye Treatments

Eyebrow Shape	£7.50
Eyebrow Tint	£5.00
Eyelash Tint	£8.50
Eyelash and Eyebrow Tint	£12.00
Eyebrow Shape and Tint	£11.50
Eyebrow Shape, Eyelash and Eyebrow Tint	£20.00
Eyelash Perming	£25.00
Eyelash Extensions	£65.00
Make up application	45 mins £30.00

*Every client is advised to undergo a patch test 24 hours prior to eyelash tint and perming.*



## Princess Pamper Parties

**(age 12 and under)**

Can include treatments per child, goody bag for birthday girl, swimming and lunch. From £10 per head, call salon for further enquiries. Min of 5 children.



## Pamper Packages

**Mini Pamper - 60 mins £49.00**

Radiant Touch Facial, Back, Neck and Shoulder Massage, Shape and Polish

**Unwind - 2hrs 25 mins £70.00**

**[ comfort zone ]** Facial, Back, Neck and Shoulder Massage, Jessica Manicure

**Pure Relaxation - 3hrs 10mins £95.00**

**[ comfort zone ]** Facial, Montana Hot Stones Signature Body Treatment, Jessica Pedicure

**Contour - 2hrs 55mins £95.00**

**[ comfort zone ]** Facial, **[ comfort zone ]** Body Strategist, Back, Neck and Shoulder Massage

**Turn Back Time - 2hrs 55 mins £95.00**

**[ comfort zone ]** Chrono-reverser Collagen Facial, **[ comfort zone ]** D-age, Jessica Manicure



## Bridal Packages

Make-up and Radiant Touch Facial (includes free trial and consultation)

**60 mins £60.00**

Make-up, Radiant Touch Facial and Hair Pin-up (includes free trial and consultation)

**2hrs £85.00**



## Hair Services

Trim, Wash and Blow Dry	£15.50
Restyle, Wash and Blow Dry	£19.50
Dry Trim	£10.50
Children's Dry Trim (up to 8 years)	£5.00
Children's Trim, Wash and Blow Dry (up to 8 years)	£12.00
Gents' Barbered Cut and Finish	£7.00
Gents' Wash, Cut and Finish	£12.00
Boys' Barbered Cut and Finish	£5.50
Special Occasion/Hair Pin-up	from £20.00
Parting of Highlights	from £20.00
Half Head Highlights	from £30.00
Full Head Highlights	from £45.00
Full Head Colour	from £25.00
Root Re-touch*	from £19.50
Perm	from £40.00
Wella Permanent Hair Straightening Treatment	from £100.00

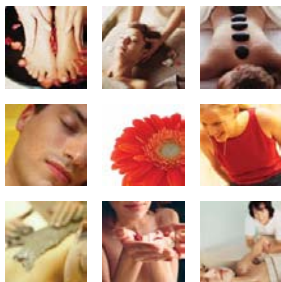
*\*£12 when booked with Full Head Highlight treatment.*

*Clients are advised to undergo a patch test 24 hours prior to colour treatments.*

## Opening Hours

Monday	Closed
Tuesday	10.00am – 4pm
Wednesday	11.00am – 8pm
Thursday	9.00am – 5pm
Friday	10.00am – 7pm
Saturday	9.30am – 5.30pm
Sunday	10.00am – 4pm

*Gift vouchers available.*



## *montana hair & beauty*

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