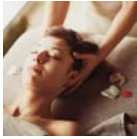


montana

HAIR & BEAUTY



welcome to montana

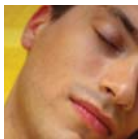
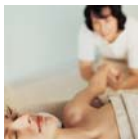
The George Washington Golf and Country Club is pleased to present Montana Hair and Beauty. We offer clients an extensive range of beauty and relaxation rituals from facials and body therapy to waxing and men's treatments.

Montana offers treatment rooms, plus a hair salon all in a modern, contemporary style. Our highly trained therapists ensure that all professional treatments offer excellent results for every client.

For those in need of a special treat, we've put together a range of day and residential packages to offer you a truly unique experience, including our signature Hot Stones treatment. Guests can benefit from the hotel's facilities including the leisure club with a swimming pool, sauna and Jacuzzi, or if you're looking for something more vigorous, the gymnasium.

Montana works with Comfort Zone, a leading Italian company in the development and production of skincare products and treatments.

Comfort Zone combines the best of science and nature by offering the most advanced formulations to ensure that every treatment experience is exceptional and unique. All Comfort Zone treatments begin with our signature tranquillity welcome ritual, to relax and soothe the senses.



Hair Services

Cut, Wash and Blow Dry	£28.00
Wash and Blow Dry	£15.00
Trim	£15.00
Men's Cut and Wash	£15.00
Children's Cut and Wash	£15.00
Straightening	£7.00
Special Occasion Hairfrom £30.00
Highlights Full Headfrom £45.00
Highlights Half Headfrom £30.00
Permfrom £40.00

Clients are advised to undergo a patch test 24 hours prior to colour treatments.

Comfort Zone Face Treatments

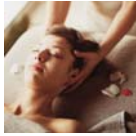
Skin Resonance - A rebalancing treatment for sensitive skin. A treatment developed to rebalance and strengthen sensitive skins. This treatment not only cools and calms but reduces irritation within the skin.....60 mins £40.00

Active Pureness Regenerating - Active treatment for problem and impure skins. Balances and treats problem skin, using fruit acids to gently exfoliate surface cells leaving the skin fresher and clear.....60 mins £40.00

Active Pureness Rebalancing - Deep purifying treatment. Deep cleansing treatment recommended for oily or combination skins, extracts of sage, balm mint and orange fruit water deeply cleanse and leave the skin feeling fresh and restored.....60 mins £40.00

Water Source - Specifically formulated for dry, damaged or dehydrated skins, provides superior hydration, intense stimulation and renewed elasticity due to the inclusion of a superior collagen mask.....60 mins £40.00

Recover Touch - Anti-oxidant vitamin treatment which works to neutralise free radicals which can destroy the skins natural collagen and elastin. Nourishing cloudberry and canola oil revive a dull, tired complexion.....60 mins £40.00



Comfort Zone Face Treatments

Alphatherapy Delicate - A delicate anti-ageing treatment uses fruit acids to provide an intense exfoliating action. Resulting in a more refined skin texture and a brighter complexion60 mins £40.00

Alphatherapy Collagen - Exfoliating and firming treatment. Stimulates cellular regeneration by removing surface cells with fruit acids. Firming and elasticising collagen improves tone and texture with the additional use of a special concentrate to lock in moisture.75 mins £50.00

Glorious Skin - Intensive lifting and smoothing treatment. This treatment gives an immediate lifting, plumping and tensing effect. Working on the muscle contractions that naturally cause the skin to sag and facial muscles to drop. Incorporates the ingredient hexapeptide which works as a muscle inhibitor. This treatment is excellent for a special occasion or will give on going lifting and firming effects especially when used in conjunction with a special homecare programme60 mins £40.00

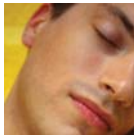
Eye Supreme - Anti-ageing eye zone treatment to restore moisture and nourishment to the delicate eye area reduces puffiness and dark circles whilst eliminating dehydration lines.....30 mins £25.00

Eye Supreme - Combined with facial20 mins £15.00

Lip Blooming A complete lip care system to rejuvenate, smooth, nourish, hydrate and re-plump the lip area.30 mins £25.00

Lip Blooming - Combined with facial20 mins £15.00

Express Facial - Comfort Zone facial mask to suit client's skin type.....30 mins £29.00



Comfort Zone Body Treatments

Aromatic Body Touch - A deeply hydrating relaxing anti-stress body treatment. After exfoliation the body is enveloped with a milky tranquillity mix blended with rosewood, palmarosa and cedar. The aromatic benefits calm and soothe the mind. The treatment is completed with a deep tissue massage to calm and soothe the body60 mins £45.00

Body Strategist Nutritional - Anti-oxidant treatment that improves tone and elasticity. Using a unique gel body mask blended for each treatment. This aromatic treatment uses the benefits of organic pumpkin cells, tomato and basil combined with vitamins B1, B2 and vitamin C to deeply nourish the tissues and recondition the skin60 mins £45.00

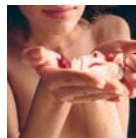
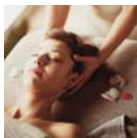
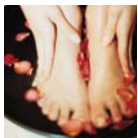
Body Strategist Refining Cellulite - Intense cellulite reducing treatment. Carnitine and caffeine have an exceptional effect on eliminating fatty deposits. The hot and cold effect increases blood circulation to the areas being treated. A course is highly recommended for best results60 mins £45.00

Vital Leg Relieving - Relieving and detoxifying treatment to treat tired aching legs. Designed for legs suffering from fluid retention, tension and a sense of heaviness. The synergy of active ingredients promotes the elimination of impurities to improve circulation and provide a rebalancing action. Visibly reduces swelling, regains lightness and vitality and prolongs a wonderful fresh feeling due to the added ingredient of pressed mint juice45 mins £35.00

D-age – Firming and anti-ageing body treatment. Using a synergy of active ingredients to firm and repair damaged skin. Kamani oil stimulates collagen synthesis and walnut works against the adverse effects of atmospheric pollution. D-age also works to reduce the appearance of stretch marks and aids in the prevention of new ones60 mins £45.00

Self-Tan Treatment - Comfort Zone Sun Soul is used to give skin a golden, natural looking tan while hydrating and protecting the skin from premature ageing60 mins £35.00

Clients are advised to wear loose, dark clothing when visiting the salon for a self-tan treatment



Montana Relaxing Body Treatments

Montana Hot Stones Signature Treatment – Perfect for clients in need of deep relaxation	30 mins £30.00
This relaxing treatment uses intense massage through smooth basalt heated stones. Deep tissue tension is relieved and circulation stimulated due to a soothing massage technique. Perfect to ease tension and stress through the entire body.	60 mins £50.00 1hr 30 mins £75.00
Full Body Massage	60 mins £32.00
Back, Neck and Shoulder Massage	30 mins £18.00
Reflexology	60 mins £26.00
Indian Head Massage	30 mins £18.00

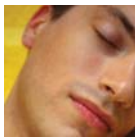
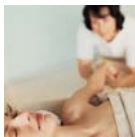
Hand and Feet Treatments

Jessica

Upon arriving for an appointment, clients are put into the care of our Jessica trained manicurist. Initially, the manicurist analyses a client's nails to determine what type they are. This is the cornerstone of the Natural Nail System - treating individual nails differently, according to their type.

Le Remedi Hand Treatment	20 mins £10.00
Prescriptive Manicure	45 mins £19.50
LeRemedi Hand Treatment plus Prescriptive Manicure	1hr 10 mins £26.50
French Manicure	45 mins £21.00
Prescriptive Manicure Deluxe with Thermal Mittens	1hr 10 mins £22.50
Prescriptive Pedicure	60 mins £25.00
Deluxe Pedicure with Heated Boots	1hr 10 mins £29.00
Shape and Polish	15 mins £8.00

*Jessica manicure and pedicure prices include the nail polish for clients to take home.
Clients are advised to wear open toe sandals when visiting the salon for a pedicure.*

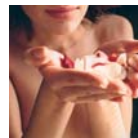
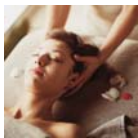
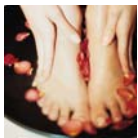


Creative Nails

Nail Extensions	£40.00
Infills	£22.00
Rebalance	£30.00
Nail Repair	per nail £3.00
Overlays	£32.00
Demi Tips	£18.00
Removal and Jessica Manicure	£25.00
Removal and Nail Extensions	£46.50

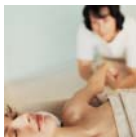
Waxing Treatments

Full Leg	£19.00
Full Leg and Bikini	£24.00
Half Leg	£14.00
Bikini	£9.00
Brazilian	£12.00
Underarm	£7.50
Forearm	£12.00
Upper Lip	£6.00
Chin	£6.00
Upper Lip and Chin	£10.00
Eyebrow	£7.50
Chest	£14.00
Back	£16.00



Eye Treatments

Eyebrow Shape	£7.50
Eyebrow Tint	£5.00
Eyelash Tint	£8.50
Eyelash and Eyebrow Tint	£12.00
Eyebrow Shape and Tint	£11.50
Eyebrow Shape, Eyelash and Eyebrow Tint	£20.00
Eyelash Perming	£25.00
<i>Every client is advised to undergo a patch test 24 hours prior to eyelash tint and perming</i>	
Make-up application	45 mins £30.00



Men's Treatments

Hydra Performance Facial - Rehydration treatment for men. Perfectly restores moisture levels to the skin by the use of active ingredients such as Swiss glacial water. Ideal for frequent flyers or skin that is exposed to extreme temperatures and environmental stress60 mins £40.00

Pure Performance Facial - Active purification treatment. Removes impurities whilst rebalancing oily areas. This deep cleansing treatment leaves the skin with a perfectly matt finish60 mins £40.00

Anti-age Performance Facial - Active rejuvenating treatment. Active treatment to contrast wrinkles and expression lines, stimulates cell renewal leaving the skin firm, compact and toned. Uses a lightweight ultra effective serum to firm the skin's surface60 mins £40.00

Back, Neck and Shoulder Massage30 mins £18.00

Reflexology60 mins £26.00

Indian Head Massage30 mins £18.00

Men's Manicure30 mins £16.50

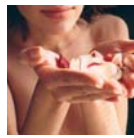
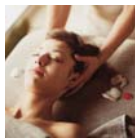
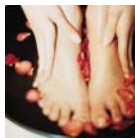
Pamper Packages

Golfers Unwind1hr 40 mins £52.00

Comfort Zone Facial, with Back, Neck and Shoulder Massage or Indian Head Massage

Pure Relaxation2hrs 40 mins £90.00

Comfort Zone Facial, Montana Hot Stones Body Treatment and Men's Manicure



Pamper Packages

Mini Pamper	60 mins	£49.00
Comfort Zone Express Facial, Back, Neck and Shoulder Massage, Shape and Polish		
Unwind	2hrs 25 mins	£70.00
Comfort Zone Facial, Back, Neck and Shoulder Massage, Jessica Manicure		
Pure Relaxation	3hrs 10 mins	£95.00
Comfort Zone Facial, Montana Hot Stones Body Treatment, Jessica Pedicure		
Contour	2hrs 55 mins	£95.00
Comfort Zone Facial, Comfort Zone Body Strategist, Back, Neck and Shoulder Massage		
Turn Back Time	175 mins	£95.00
Comfort Zone Alphatherapy Collagen Facial, Comfort Zone D-age, Jessica Manicure		

Upgrade your Montana experience for just £10 per person

Includes 2 servings of tea/coffee in the lounge bar and light lunch plus full use of the leisure facilities.

**Range of residential packages available, contact Reservations on 0191 402 9988
or email reservations@georgewashington.co.uk**

Bridal Package

Make-up and Comfort Zone Express Facial - plus trial and free consultation.....	60 mins	£60.00
Make-up, Comfort Zone Express Facial, Hair Pin-Up - plus trial and free consultation	2hrs	£85.00



Opening Hours

Monday	Closed
Tuesday	Closed
Wednesday	11.30am - 8.00pm
Thursday	09.30am - 5.00pm
Friday	10.30am - 7.00pm
Saturday	10.00am - 5.00pm
Sunday	10.30am - 4.00pm

Opening hours subject to change due to seasons and staffing levels

Gift vouchers available. Valid for 6 months

Terms and conditions

- £10 deposit required on bookings of 2 hours treatments or more
- Deposits are non refundable and non transferable
- As courtesy to all our clients we operate a prompt booking system; you are advised to arrive 15 minutes prior to your appointment.
- Late arrival may mean your treatment time is reduced or cancelled.
- In the event of cancellation, 24 hours notice is required otherwise a booking fee may be charged.
- Please advise our therapists of any allergies, sensitivities, if you are pregnant, breast-feeding or have any medical condition we should be aware of.
- Please ensure mobile phones are switched off whilst visiting Montana.
- All prices are inclusive of VAT.

Book a course of treatments and receive a 10% discount.

For further information or to make an appointment telephone 0191 202 2411

montana hair & beauty

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